

The Consumer Council

Emotional Wellbeing 2018-19



94.8%

of consumers agreed
that our help
**relieved them of stress
and anxiety**



98.3%

of consumers agreed
that we made them
feel listened to



95.7%

of consumers agreed
that our help
made them feel
more empowered



98.5%

of consumers agreed
that our help
made them feel
supported