

# Energy Efficiency

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Tips, tools and information to run your home more energy efficient and save money.

## Minimise your electricity usage

Did you know that by taking some simple steps you can save up to £375 per year off your electricity bill? Follow the Energy Saving Trust's tips:

1. Switching off standby mode on your devices could save around £55 per year
2. Draught-proofing windows and doors could save around £45 per year
3. Turning off lights when you leave a room could save around £20 a year
4. Switching to LED bulbs can save between £4-13 per bulb per year
5. Using your washing machine more efficiently, such as doing a 30-degree wash, could save you around £28 a year
6. Avoiding using your tumble dryer in warmer weather could save around £60 a year
7. Keeping your shower time to just 4 minutes could save a typical household £70 a year on their energy bills
8. Swapping just one bath a week with a 4-minute shower could save you £12 a year on your energy bills
9. Avoid overfilling the kettle and save yourself £11 a year on your electricity bill
10. Reducing your dishwasher use by one run per week for a year could save you £14
11. Effective insulation of your hot water cylinder is important: even if you have thin spray foam or a loose 25mm jacket, you can benefit from increasing the insulation to a British Standard Jacket 80mm thick, saving £35 a year in the process

For more information on energy efficiency, visit the [Energy Saving Trust website](#).

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## Make the best of your home heating

- Pull your sofa away from the radiator if it is in front of it.
- Keep curtains closed to keep heat in.
- Draught-proof windows and doors.
- Turning down your thermostat by 1°C could save you £80 a year.
- Servicing your boiler regularly will reduce your heating bills.
- Insulating your loft can save you around £155 per year.
- Cavity wall insulation can save you as around £185 a year.
- Solid wall insulation can save you around £250 a year.

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## Appliance calculators

Switching existing household appliances such as a fridge and washing machine to energy-rated appliances will save money in the long run.

You can also replace your household bulbs with LED alternative ones. LED lighting is extremely energy efficient. Visit the [Energy Saving Trust's website](#).

We have developed some handy tools to help you see how much money your electrical appliances are costing you to run:

- Want to know how much to run your washing machine or how much you spend on boiling your kettle? You can use the [common appliance running cost checker](#) on our website find out how much you are spending.
- Our [single appliance checker](#) will let you see how much appliances cost to run on a per-minute, per-hour, and per-day basis. This is handy for checking out how much that new fridge will cost to run.
- Our [appliance checker tables](#) help you understand how much money your appliances are costing to use and which are costing you the most money.